

Red Cross Lifeguard Instructors Manual

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with lifeguarding and water safety programs from the red cross you can learn basic skills and train to be a lifeguard

from pools to beaches lakes and water parks lifeguards are the first line of defense against drowning injuries and emergencies becoming a certified lifeguard opens the door to a
rewarding career that

a lifeguard is a rescuer who supervises the safety and rescue of swimmers surfers and other water sports participants such as in a swimming pool water park beach spa river and

lake

lifeguard training is essential for the safety of swimmers everywhere not just in the usa ala offers comprehensive lifeguard courses for everyone from professional lifeguards to general aquatic facility

explore all lifeguard certification levels from junior lifeguarding to waterfront and cpr for professionals get trained and certified step by step

the american lifeguard association ala aims to equip individuals with essential skills in lifeguarding cpr aed use and first aid through high quality lifeguard training and lifeguard certification programs

this recertification course updates your shallow water lifeguard credentials and refreshes your knowledge of the latest safety protocols and rescue techniques for shallow water environments

bsa after careful consideration and evaluation scouting america will transition away from the bsa lifeguard certification program effective december 31 2024 over the last decade training

the american lifeguard association has been offering lifeguard courses for over 30 years ala helps with the development of testing protocols and the administration of health and safety program at

learn lifelong skills that enable you to protect and save lives ready to join the next generation of certified lifeguards we provide world class american red cross certification programs whether

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